

# INTRODUCTION TO COACHING CONVERSATIONS

## Overview

Coaching is one of the most critical leadership skills. Both leaders and team members benefit significantly from a coaching approach, and the core skills learned support leaders in many other aspects of their roles.

Leveraging my two decades of coaching experience and my international coaching accreditation, this course is brought to life in a fun and engaging way which encourages leaders to learn by having a go. A must-have for all managers!

## The course covers

What coaching is and isn't, when to coach, and why it's so beneficial at developing and engaging employees

A simple-to-follow coaching process that includes how to provide constructive feedback

The core behavioural skills required for successful coaching conversations

Lots of opportunity to practice with feedback provided as coaching is best learned by doing

## Details

- Total of 8 hours: 4 hours initially, then 4 hours six months later to review progress and add more skills
- Can be face-to-face or online
- Great for senior leaders, leaders and anyone else who is coaching at work
- Up to 12 people per session
- Choose from my selection of coaching scenarios based on the attendees' skill levels
- Key takeaway: workbook with all material included
- This course is also available as a 'train the trainer'



## Feedback

*"It is when coaching and building the capability of leaders that Robin truly shines. She is a highly skilled in facilitating capability workshops for groups."*

*Alana Pearce,  
Culture & Change Leader, Lion*



Please contact me to discuss running this training session in your workplace

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