

SMALL ACTS OF INCLUSION EVERY DAY

Overview

Feeling a sense of belonging is a core human need, so inclusive workplaces have a huge benefit on peoples' lives. Small inclusive gestures done consistently can help to transform people's workplace experiences, and are the responsibility everyone in the workplace!

This highly interactive session breaks down the concept of inclusion into a range of practical, simple acts we can all do every day to make people feel seen, heard and valued at work.

The course covers

Why it's critical to build healthy inclusive workplaces and how behaviours and actions have a big impact

An understanding of micro-aggressions and micro-affirmations, and being an upstander not a bystander

Small acts that make a real difference, supported a tool to help with challenging conversations

Case studies that will challenge the attendees to consider what they would do in each situation

Details

- 3 hours duration
- Can be face-to-face or online
- Up to 20 people per session
- Key takeaway: A5 handout or online version of inclusion tips and a great conversation tool
- Includes an planning meeting of up to one hour to discuss how this session can support your inclusion journey, an overview of the participants and any other relevant information



Suggested attendees

Team members

Leaders

Senior leaders

HR team members

Everyone in your organisation!



Please contact me to discuss running this training course in your workplace

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